



Level 1

Musical Statues

Equipment Needed

Music.



Follow the Leader Dance

Equipment Needed

Music.



Traffic Lights

Equipment Needed

Red, Orange and Green Circles (can be made at home with paper and colours).



The Chicken Dance

Equipment Needed

Music.



Come To Me

Equipment Needed

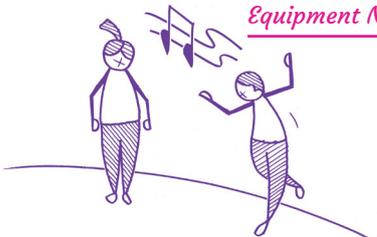
Music.



Skipping Statue Game

Equipment Needed

Music.

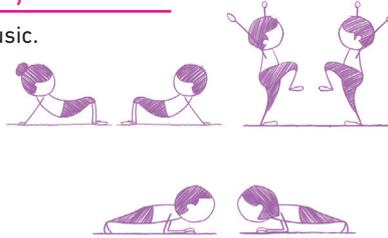


Level 2

Dance Mirrors

Equipment Needed

Music.



Crossing Corridor Dance

Equipment Needed

Music.



Name Dance

Equipment Needed

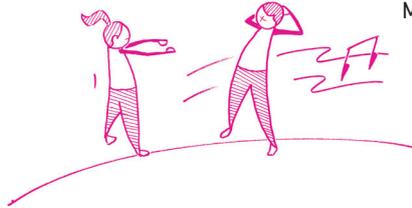
Music.



The Macarena

Equipment Needed

Music.



The Shoemakers Dance

Equipment Needed

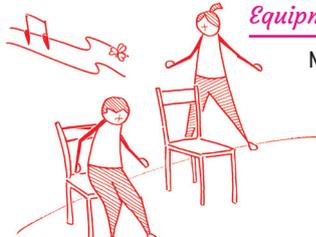
Music.



Side stepping musical chairs

Equipment Needed

Music, chairs.

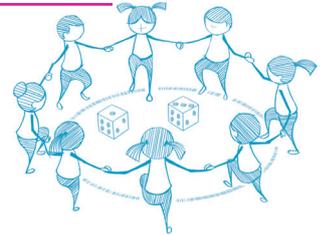


Level 3

Dice Dance

Equipment Needed

Music.



Shape Outline

Equipment Needed

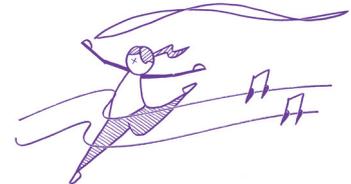
Music.



Pretty Prop Dance

Equipment Needed

Music, a scarf, sarong, toilet roll or cloth.



Choose your Song!

Equipment Needed

Music.



La Vinca

Equipment Needed

Music.



Practising "Luascadh"

Equipment Needed

Music.

